## OneLifeUSA Vitamins

"You May Never Be Sick Again!"

1-888-227-1937

June 2017

www.onelifeusa.com

## Diabetes – In the Know

This condition is referred to as two 'types' – Type 1 and Type 2. This addresses only Type 2 because it is by far the most common, is most often preventable, and can be reversed! We know that in both adults and alarming more in children being overweight or obese is the key contributor to the risk of developing this potentially life and limb threatening condition. The bad news, as recently noted on a OneLifeUSA Facebook post, is the fact that the US was just awarded the most obese country in the world! The good news: Reversing Type 2 diabetes is very doable and 100% in your control.



#### The Basic Stats:

- ✓ Type 2 diabetes is a chronic condition that affects the way your body metabolizes sugar (glucose), your body's important source of fuel.
- ✓ The most current data (from 2012 so you know these numbers are significantly worse today) show that an alarming 29 million people in the United States (9.3 percent) have it, 1.7 million people aged 20 years or older were newly diagnosed in 2012, and Type 2 diabetes accounts for about 90 to 95 percent of all diagnosed cases of diabetes in adults.
- ✓ Research suggests that 1 out of 3 adults has prediabetes. Of this group, 9 out of 10 don't know they have it.
- ✓ Cases of diagnosed diabetes cost the United States an estimated \$245 billion in 2012. This cost is expected to rise with the increasing diagnoses. P.S. Even if you don't have Type 2 diabetes... your health care premium takes these numbers into account and you're paying for it!

### The Common and Severe Consequences:

- People with diabetes have twice the risk of death of any cause compared to people of the same age without diabetes.
- ✓ In 2014, diabetes was listed as the seventh leading cause of death in the United States.
- ✓ Side effects of type 2 diabetes can include: Heart disease, stroke, hypertension, blindness, kidney disease, nervous system complications, amputations, foot problems, dental disease, pregnancy complications, mental health problems and skin issues.
- ✓ Diabetes causes mild loss of sensation in the extremities in as many as 70 percent of adults who have it.
- ✓ Amputations of lower extremities may eventually be necessary, especially for people with blood vessel
- ✓ More than 60 percent of all non-traumatic amputations of lower limbs occur in people with diabetes.
- ✓ Approximately 73,000 lower-limb amputations were performed in diabetics age 20 and older.

#### **Prevention:**

- ✓ The good news is that type 2 diabetes is largely preventable.
- ✓ About 9 cases in 10 could be avoided by taking several simple steps.
  - 1. Stay at a healthy weight.
  - 2. Eat fresh healthy foods and avoid processed foods.
  - 3. Be active.
  - 4. Don't smoke.

#### **Reversing:**

- ✓ It is possible to not only reverse Type 2 diabetes, but to stay free of the condition long term.
- Research has shown that it is possible to reverse your diabetes, even if you have had the condition for a long time, up to around 10 years.
- ✓ Study results have also proven that for most, if you lose the weight and keep the weight off, you will I stay free of diabetes!
- ✓ The Key: Only diet and lifestyle changes will reverse it. NOT medications.
- ✓ The most important thing is to maintain a healthy weight.

### Blood Sugar Matrix Supplement Facts:

Serving Size 2 Capsules

Serving Size z Supsuies		
Р	er Serving	% DV
Vitamin C (ascorbic acid)	50 mg	83%
Vitamin E (d-Alpha tocopheryl)	15 IU	50%
Biotin	300mcg	100%
Magnesium (oxide)	125mg	31%
Zinc (oxide)	7.5mg	50%
Manganese (amino acid chelat	e) 1mg	50%
Chromium (amino acid chelate)	70mcg	58%
Banaba	25mg	*
Guggle (10% guggulsterones)	50mg	*
Bitter Melon (4:1 extract)	50mg	*
Licorice Extract (<3% DGL)	50mg	*
Cinnamon (herb powder)	50mg	*
Gymnema Sylvestre (herb pow	der) 50mg	*
Yarrow Leaf (herb powder)	25mg	*
Cayenne (40M HU/G)	10mg	*
Juniper Berries (herb powder)	25mg	*
Huckleberry (herb powder)	25mg	*
Vanadyl Sulfate	1mg	*
Alpha Lipoic Acid	30mg	*
L-Taurin	25mg	*

\* Daily Value not established.

Other Ingredients: Gelatin capsule (gelatin and water) and tapioca flour.

Directions: Take three capsules daily.

## Nutrients that may help maintain healthy blood sugar levels:

Alpha-Lipoic Acid, Banaba. Chromium, Cinnamon, Fenugreek, Ginseng, Gymnema Sylvestre, Magnesium, Probiotics, Vitamin D, and Zinc.

Farm to Tablet... QUALITY WORKS
MicroBatched for Freshness





- Advanced Anti-Oxidant- Crush harmful free radicals and experience a breakthrough in healthy immune support. Custom formula with anti-oxidant vitamins A, C and E in a base of Echinacea and Garlic. 90 capsules
- Advanced Pros Plus Combines two super anti-oxidant compounds into one max power formula. Resveratrol and proanthocyandins are the 'A' team for their anti-aging, cardiovascular supportive and free radical halting prowess. 60 capsules
- Black Walnut This liquid tincture is made from the fresh green hulls of black walnuts. Most commonly used as part of the Original Para Kit. Made to the strict standards of Dr. H. Clark, who personally came to our lab to establish the commercial manufacturing process for this product. 1 oz
- Calcium Plus Exclusive OneLifeUSA form@la developed by a female MD. Containing both Calcium Carbonate and Calcium Citrate, plus the proper balance of magnesium and vitamin D, for better absorption. 90 capsules
- Calm Sleep Promote a natural and relaxing sleep cycle with select herbals ideally blended with melatonin . 60 capsules
- Can-Balance Formulated to help encourage a healthy and balanced gut flora. Caprylic acid, Black Walnut and Wormwood plus other supportive herbals help keep the harmful microbes (example: Candida) in balance. Additionally 4 billion CFU (per capsule) of the important Lacto acidophilus probiotic help enhance good flora. 60 capsules

- Celtic Calcium A Non-GMO calcium product that provides a unique marine calcium source: Seaweed. This supplies bioactive calcium plus 72 trace marine minerals. Vitamin D and magnesium are included for proper absorption. 90 capsules
- Cloves 500 mg of pure Cloves per capsule. Most commonly used as part of the Original Para Kit. Made to the strict standards of Dr. H. Clark, who personally came to our lab to establish the commercial manufacturing process for this product. 120 capsules
- CoEnzyme Q-10 Each softgel contains 100mg of highly absorbable CoQ-10. Needed to convert food to energy, CoQ-10 is present in almost every cell in the body. Production decreases with age and with the use of many common prescription drugs (ie: statins). 50 softgels
- Colon Clear An effective, yet mild laxative that helps promote natural regularity. A notable combination of herbals and digestive enzymes. 60 capsules
- Daily Multiple Ultimate- Aptly named. The ultimate Daily Multiple supplement is a potent powerhouse of vitamins and minerals. Add to that a phenomenal whole food blend, an immune supportive herbal blend, and a digestive enzyme blend. Then step it up with a touch of Kelp, a dash of probiotics, a pinch of Chlorophyll, and a dab of Psyllium Husk, Apple Pectin and Oat Extract and you've got The Ultimate! 90 tablets
- Flax Paks Convenient and portable, these individual packets contain organic and gluten free milled flaxseeds that are rich in Omega 3 and 6, fiber and lignans. 1 box (12 ind. packets)

- Joint Flex This balance blended combination provides the perfect ratio and the right amounts of Glucosamine and Chondroitin sulfates plus a big helping of MSM! Your joints couldn't ask for better. 100 tablets
- Liver Health Your body's BEST detox is a healthy liver. Give yours the support it needs to function at its peak. This is an incredible blend of select herbals, rich in milk thistle extract (80% silymarin) and turmeric. Bioperine is added for enhanced absorption. 30 capsules
- ProBalance This Non- GMO, seven strain probiotic blend contains 5.75 Billion organisms. Encourage healthy gut flora with 'good' bacteria and discourage harmful gut flora with the clinically proven DE111. A 'pro' balanced blend delivered in a veggie cap. 30 vegetable capsules
- Something for Men Key mineral and amino acids combined perfectly with our exclusive proprietary blend of herbals result in an optimal formula to help support prostate and urinary health. 60 capsules
- Something for Women Help achieve balance and emotion support naturally with our exclusive herbal formula that includes Red Clover, Wild Yam and Black Cohosh. Kick in Sage and Blessed Thistle to help promote digestive balance then add a bit of Red Raspberry and Trans-Resveratrol for a super anti-oxidant boost. 60 capsules
- Something Smells Fishy Omega 3's from a pure Salmon source. This 100% salmon oil product is strictly from free-swimming cold water salmon. No mixed fish oil here! 90 softgels
- Stress Free Energy This targeted formula is Non-GMO and packed with an all-important energy B vitamin complex plus a synergistic calming herbal blend. No caffeine, no sugar, no St. John's Wort. 90 tablets.
- Super Flaxseed + Greens Loaded with 1 gram of Flaxseed one of the most potent plant foods on the planet. Plus a bountiful selection of greens that includes: Alfalfa, Barley Grass, Broccoli, Brussel Sprouts, Kale, Spinach and Wheat Grass! Top that off with the natural detoxification benefits of Chlorella and Spirulina:a power packed plethora of green goodness. 60 capsules
- Vision Guard Our exclusive blend of Lutein, Zeaxanthin, Eyebright Herb, anti-oxidant vitamins C and E, and key 'eye worthy' minerals makes this a stand out product. 60 capsules
- Wormwood 250 mg of pure Wormwood per capsule (no Quassi or Male Fern added). Most commonly used as part of the Original Para Kit. Made to the strict standards of Dr. H. Clark, who personally came to our lab to establish the commercial manufacturing process for this product. 120 capsules

# Calcium the Whole Shebang!

#### Calcium... Do I need to take calcium supplements?

Your body doesn't produce calcium, so you must get it through other sources! Most agree, getting it from the foods you eat is the optimal way. Most also know that for the majority that does not happen; leaving calcium supplements as your next best choice. Calcium is essential for good health... your bones, teeth, heart, nerves, and muscles all need calcium. Getting enough calcium is just half the battle, absorbing it so that is can be effectively utilized, is the other half. All varieties of calcium supplements are better absorbed when taken in small doses (500 mg or less). Taking calcium with Vitamin D and magnesium is also important for its absorption. As with all over-the-counter products, it's best to discuss their use with your health care provider.

#### Why should I care?

According to the Mayo Clinic: "Some studies suggest that calcium, along with vitamin D, may have benefits beyond bone health: perhaps protecting against cancer, diabetes and high blood pressure. But evidence about such health benefits is not definitive. We do know that if you don't get enough calcium, you could face health problems related to weak bones." Those most at risk and would potentially suffer health consequences from inadequate calcium intakes are children, adolescent girls, and adults age 50 and older.

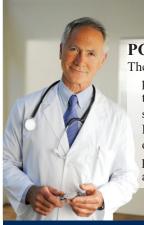
#### What foods are rich in calcium?

Dairy product (cheese, milk, yogurt), dark green leafy veggies (kale and broccoli) and foods fortified with calcium (certain cereals and milk substitutes).

#### The Bottom Line.

Calcium is an important mineral for good health. Although most associate it with bone health, your cardio, neuro, and muscular systems are dependent on calcium for proper functioning. Experts agree that getting the calcium you need from the foods you eat is the best- but also know for most, that's not reality. Therefore, Calcium supplements are often recommended. The important thing is to know what the recommended daily mg of calcium is for you and make sure that from your diet and/or supplements you are meeting your basic needs!

www.onelifeusa.com



PC Nutrition – Premium Formulas

The products found in our PC Nutrition brand all began as products available only to our professional clientele (doctors, clinics and estheticians). With time and more exposure to a greater variety of herbal ingredients, many of our PC Nutrition products have become great products for all of our customers. Most are targeted (have a specific purpose) formulas and some are single ingredient products that are top notch and lend themselves to stand alone products.



ALA/ALC – Alpha Lipoic Acid + Acetyl L-Carnitine.

Known as 'super' anti-oxidants or 'universal' anti-oxidants, because these two have free radical damaging effects in water based substance (like blood) and also in fatty tissues. Both can cross the blood/brain barrier to provide their protective effects. 60 capsules

Blood Sugar Matrix - Formulated with key antioxidants (Vitamins C and E) plus supportive minerals and herbals - a targeted formula to help support healthy blood sugar levels.

Cardio One - When it comes to a targeted product, this one is 'nutrient' dense. With key cardiovascular supportive vitamins, plant sterols, Gugulipids, green tea, trans-Resveratrol, CoQ-10, Policosanol and more. 90 capsules

Chloless Support – This synergistically balanced formula contains a powerhouse of plant sterols enhanced with Niacin, Policosanol, Gugulipid, Cayenne and Garlic – delivered in a veggie cap. 60 Vegetable capsules

CocoNut Oil — Contains 'flesh' from only organically grown cocoanuts. Each softgel contains 1000mg of extra virgin, non-hydrogenated, unrefined, not bleached or deodorized cocoanut oil. This oil is known as one of the healthiest and versatile dietary oils. This is a Non-GMO product. Can be swallowed or used externally (snip the tip of the sotgel and squeeze out the contents). Great for dry lips, hands, elbows and feet. 100 softgels

Collagen 750 - A whopping 750mg of Collagen complex per capsule! Collagen is an abundant protein in the human body and is what 'holds' it together. Found in bones, muscle and tendons; but most noted for its skin connection. There are no added colors, flavors or sugars in this product. 120 capsules

DHEA – Dehydroepiandrosterone (DHEA) is a hormone produced by the body. It is used to make the male and female sex hormones. DHEA levels peak at about age 25, then go down steadily with age. By 70 to 80 years old, DHEA levels are only 10-20% of peak. A Non-GMO product; each capsule contains 50mg of DHEA. 50 capsules

Digest Ultra Pro – This Non-GMO formula is for those serious about digestion. A comprehensive digestive enzyme formula containing 18 different enzymes that aid in the breakdown of proteins, fats, starches, celluloses, sugars and lactose. These include specialized enzymes that assist in the breakdown of difficult to digest compounds. 60 capsules

Ginkgo Biloba – Often tagged the 'brain herb'. This is a premium pure herbal extract: 24% extract (Standardized to provide 24% Ginkgoflavonglycosides and a minimum of 6% Terpene Lactones). Top shelf Ginkgo Biloba, 60mg per capsule. 60 capsules

MegaBalance - A substantial probiotic formula contain-

ing 10 different strains and 30 billion probiotic organisms per capsule. With the clinically proven DE111, a highly effective strain of Bacillus subtilis, which has shown the ability to support a healthy gut microflora as well as support digestion with its ability to crowd out E. coli and other 'bad' bacteria. This is a Non-GMO formula delivered in veggie capsules. 30 vegetable capsules

Mind Focus - For focus, contains standardized Ginkgo biloba and Bacopa. With additional supportive herbals, this combination is a standout and a longtime favorite. 30 capsules

Para Crush – Get your gut flora in balance. Weed out the bad bugs with this convenient, easy, all-inone cleanse. A targeted formula with Black walnut, Clove seed, Wormwood, Pumpkin Seed, Garlic, Echinacea and more. Great for travel and for those who aren't up for the full on 18 day Original Para Kit originated by Dr. Clark. This 10-day protocol is easy to use and won't upset your daily routine. 60 capsules

Power C 1000 – Need some serious Vitamin C? This time released formula packs a whopping 1000mg of Vitamin C per tablet. In addition you'll get 525mg of supportive flavonoids: Rutin, Acerola, Hesperidin, Quercetin and Rose Hips. Don't save this one for cold, flu and allergy season... it will keep you going all year long. 50 tablets

# Essential For Good Health - Calcium



### **How Much Calcium Do I Need?**

That depends on your age and sex.... Here's a handy chart that sums it up.

 Men
 RDA
 Upper limit

 19-50 yrs
 1,000 mg
 2,500 mg

 51-70 yrs
 1,000 mg
 2,000 mg

 71 + older
 1,200 mg
 2,000 mg

Women RDA Upper limit 19-50 yrs 1,000 mg 2,500 mg 51 + older 1,200 mg 2,000 mg

Calcium: RDA for adults

RDA = Recommended Dietary Allowance

#### Kits – Save \$'s

Kits (products that go together for a targeted purpose) have been grouped into kits. It's a way to save \$'s as compared to purchasing the items individually. These kits comprise our most popular, most often ordered and most often re-ordered products. This is smart shopping!

Glorious Gut Kit - (save \$14.48 as a kit compared to purchasing as individual items)

The perfect combination: An intense digestive enzyme blend + a well-balanced 5.75 billion probiotic.

Kit is 1 bottle of Digest Ultra Pro and 1 bottle of ProBalance (probiotics)

Immuno Power Kit – (save \$6.81 as a kit compared to purchasing as individual items)

Kick up your immune power with the #1 selling antioxidant formula and a gut boosting 5.75 billion probiotic.

Kit is 1 bottle of Advanced Anti-Oxidant and 1 bottle of ProBalance (probiotics)

Men's Basic Kit - (save \$14.48 as compared to purchasing as individual items)

These three cover your basic bases!

Kit is 1 bottle of the Daily Multiple Ultimate, 1 bottle of Something for Men and 1 bottle of Vitamin D3

Women's Basic Kit - (save \$14.48 as compared to purchasing as individual items)

These three keep up with your basic needs!

Kit is 1 bottle of the Daily Multiple Ultimate, 1 bottle of Something for Women and 1 bottle of Vitamin D3

Candida Protocol Kit (save \$3.29 as compared to purchasing as individual items)

Take the 'weed and feed' approach to balancing your gut flora. When the weeds (candida) are out of control, reign them in and then feed (good probiotics) for a happy and healthier gut!

Kit is 1 bottle of Can-Balance and 1 bottle of ProBalance (probiotics)

Detox Fiber Kit (save \$6.05 as compared to purchasing as individual items)

A simple and awesome detox protocol. Super Flaxseed + Greens with its fiber filled ingredients lend a natural hand to cleansing. Then to keep things 'clean', follow with herbals to support a healthy liver (body's best detox agent) and billions of good probiotics to pump up the health of gut flora.

Kit is 1 bottle of Super Flaxseed + Greens, 1 bottle of Liver Health and 1 bottle of ProBalance (probiotics)



Original Para Kit (save \$5.75 as compared to purchasing as individual items)

Based on the research and recommendations of Dr. H. Clark (who personally came to our lab to set up the commercial manufacturing of the products in this kit - insuring they meet her strict specifications). This targeted kit encourages a healthier state by focusing on gut health. Weed out the bad bugs, create an environment where healthy gut microbes can then flourish. 18 day protocol + 1 maintenance cycle.

Kit is 1 bottle of Cloves, 1 bottle of Wormwood and 1 bottle of Black Walnut Tincture

Complete Post Cleanse Kit (save \$4.95 as compared to purchasing as individual items)

Often follows the Original Para Kit as part of the 'weed and feed' approach. The Original Para Kit targets the weeds (bad bugs) and this feeds with herbals that support a healthy liver (body's best detox agent) and billions of good probiotics to pump up the health of gut flora. As a bonus, this kit includes a product to help wash away any bad bug residue that may have been left behind.

Kit is 1 bottle of Colon Clear, 1 bottle of Liver Health and 1 bottle of ProBalance (probiotics)

Original Para Kit + Complete Post Cleanse Kit (saves \$3 extra as compared to purchasing the kits

Because the Original Para Kit and Complete Post Cleanse Kits are so often purchased together, this option offers an additional savings as compared to purchasing the kits separately.

Kit is 1 bottle of Clove, 1 bottle of Wormwood, 1 bottle of Black Walnut Tincture, 1 bottle of Colon Clear, 1 bottle of Liver Health and 1 bottle of ProBalance (probiotics)

12 Week Maintenance Kit (saves \$10.47 as compared to purchasing as individual items)

Dr. Clark's protocol includes weekly maintenance cycles. Some prefer to stay on these for longer periods of time. This kit included enough product for 12 maintenance cycles. NOTE: This does not include enough product to complete the 18 Original Para Protocol... it is strictly product for 12 weekly maintenance cycles.

Kit is 1 bottle of Cloves, 1 bottle of Wormwood and 4 bottles of Black Walnut Tincture

15 Week Maintenance Kit (saves \$11.46 as compared to purchasing as individual items)

Dr. Clark's protocol includes weekly maintenance cycles. Some prefer to stay on these for longer periods of time. This kit included enough product for 15 maintenance cycles. NOTE: This does not include enough product to complete the 18 Original Para Protocol... it is strictly product for 15 weekly maintenance cycles.

Kit is 1 bottle of Cloves, 1 bottle of Wormwood and 5 bottles of Black Walnut Tincture

Para Crush Kit (saves \$7.29 as compared to purchasing as individual items)

For those interested in the 'weed and feed' approach to healthier gut flora, but need more convenience and aren't up for the Original Para Kit + Post Cleanse Kit. This solution is faster, easier and travels well. Weed with herbals (all in one capsule) and then feed with billions of good probiotics.

Kit is 1 bottle of Para Crush and 1 bottle of ProBalance (probiotics)

Travel Pack Kit (saves \$15.28 as compared to purchasing as individual items)

Travel can wreak havoc on your body. Stay strong with #1 selling power packed Anti-oxidant and keep your digestive tract from losing its regularity and balance.

Kit is 1 bottle of Advanced Anti-Oxidant, 1 bottle of Colon Clear and 1 bottle of MegaBalance (probiotics)

## Join the VIP Club. Get...

- ✓ FREE Shipping\*✓ The Lowest Prices
- ✓ Free to Join
- ✓ Exclusive VIP Specials
- ✓ Change Order Anytime
- ✓ Convenient Autoship
- ✓ Identity Protection



July VIP Special Coconut Oil Save \$3 Limit 1 VIP member

> NUTRITION OCONUT OIL 1,000



#### Brabec Basics – "It's Fundamental"

The products in our Brabec Basics line are made available to our customers at a considerable savings. Each of these products have been subsidized by an account established by our founder, Jana Brabec. As a cancer survivor, she wished to insure that some essential and important dietary supplements would be available at affordable prices. Please honor the limit of 4 (these products do have a limited production and we want to insure as many of our customers as possible have the opportunity to purchase them).

B12 Chewable Tabs — Each natural cherry flavored chewable tablet contains 1,000 mcg of Vitamin B12. Tablets can be chewed for max absorption or can be swallowed. No artificial colors or flavors.

Basic Multiple — A full spectrum vitamin/mineral combination with the added bonus of a whole foods fruit and veggie blend, then toss in a bit of CoQ-10, Citrus Bioflavonoids and Rutin for an extra immune boost. Make all this a liquid blend inside of an easy to swallow capsule for a great Daily Multiple! 60 LiquiCaps

CoEnzyme Q-10 — Each teeny tiny easy to swallow softgel contains 30mg of highly absorbable CoQ-10. Needed to convert food to energy, CoQ-10 is present in almost every cell in the body. Production decreases with age and with the use of many common prescription drugs (ie: statins). 60 softgels

Glucosamine 500 – This is a Non-GMO product. Each tablet contains 500mg of the joint friendly Glucosamine Sulfate. 120 tablets Green Tea – Top of the line, pure dried green tea leaves- 98% Extract! An efficient and convenient way to get the health benefits of green tea... no need to boil water. 500mg per capsule. 60 capsules

Retinol A Cream – From natural harvests. 200,000 IU of wrinkle combative, skin rejuvinating retinol per 2oz jar. Added benefit of nourishing grapeseed oil. This cream absorbs quickly with no oily residue. Nonscented. A best seller for years!

Turmeric 750 + Bioperine – When only the best will do! A Non-GMO product with the max 95% Turmeric extract. A whopping 750mg per veggie capsule plus Bioperine for enhanced absorption! 60 vegetable capsules

Vitamin D3 – Knowing the health benefits of Vitamin D and the number of Americans who are Vitamin D deficient (especially those living above the Mason Dixon line)... This is a key player in the supplement family. Each chewable mint flavored tablet contains 1000IU of vitamin D. For max absorption – chew these. As non-coated tablets they are also easily swallowed. 120 tablets







of oxygen in the body. Well known as a deodorizer, it may be helpful against bad breath. 100 tablets

Cro-Man-Zin – This triple mineral combination comes together for a targeted approach. Chromium, manganese and zinc pair well to help support normal blood sugar levels. 100 tablets

Fruit C 500 Chewable – 500mg of the key antioxidant Vitamin C in a fruit base that contains acerola, bioflavonoids and rose hips! Great combination delivered in a chewable tablet: chew them or suck like a lozenge. Flavor-wise, these are on the tart side. 100 chewable tablets

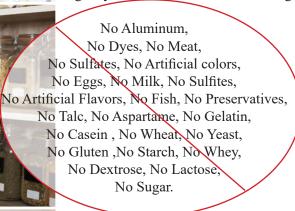
Kids Multi Vitalets — A perfect multi vitamin for children! Covers all the basics without containing any sugar, artificial colors or artificial colors. They are available in orange or raspberry flavors (both mild). These multi vitamins are also great for seniors and those who have trouble swallowing pills. 100 chewable tablets

Super Quints B-50 – A multi-B complex formula containing the full complex of B vitamins. Tablets are coated for easy swallowing. 100 coated tablets

Zinc Lozenges – A favorite all year long... not just during cold and flu season! Zinc, besides its throat soothing is also a help to wound healing. These lozenges have a natural orange flavor (mild). 25 lozenges



'Pure' meaning they do NOT contain the following:



Perfect for vegetarians and those seeking gluten-free.

Allergy Formula – (formally labeled "Anti-Allergy" Formula). Combines three powerful ingredients which many have found helpful: Vitamin C (as calcium ascorbate), Pantothenic acid (as d-calcium pantothenate) and Quercetin. 100 tablets

Apple Bran Fiber – Apple fiber is a good source of soluble fiber. Many individuals who cannot tolerate wheat and other grains enjoy using this source of fiber, which is 100% free of grain products. This sugar-free chewable product is easy to take.

Cal/Mag Chewable - Calcium and magnesium work well together; getting enough of both nutrients is very important as they are both part of the physical structure of bones. This kosher Chewable Cal/Mag product is formulated in the 2:1 ratio that is most often recommended. 100 chewable tablets

Chlorophyll – Great combination of two super 'greens' – chlorophyll and alfalfa. Noted sources of antioxidants plus chlorophyll helps boost the availability





1 Advanced AntiOxidant \$10.49 1 ALA/ALC \$15.79 1 Blood Sugar Matrix \$14.49 1 Something for Woman \$12.49

Flat Rate Shipping >

ORDER

mix of 4 bottles

1-888-227-1937

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\$3.99 Flat Rate Shipping... Orders over \$50 Ship FREE, Upgrade to Rush Priority + \$3...

\$3.99

\$57.25

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		qty	1				
	Advanced Anti-Oxidant	90	10.99	10.74	10.49		8.99
	Advanced Pros Plus	60	14.99	14.74	14.49	13.99	12.99
	Black Walnut	1oz	9.99	9.74	9.49	8.99	8.49
	Calcium Plus	90	13.99	13.74	13.49	12.99	11.99
	Calm Sleep	60	13.99	13.74	13.49	12.99	11.99
	Can-Balance	60	13.99	13.74	13.49	12.99	11.99
New	Celtic Calcium (🙂	90	13.99	13.74	13.49	12.99	11.99
	Cloves	120	12.99	12.74	12.49	11.99	10.99
	Coenzyme Q-10 (100mg)	50	20.99	20.74	20.49	19.99	18.99
	Colon Clear	60	14.29	14.04	13.79	13.29	12.29
New	Daily Multiple Ultimate	90	23.99	23.74	23.49	22.99	21.99
	Flax Paks (12 Paks/1box)	1	8.99	8.74	8.49	7.99	7.69
	JOINT FLEX (+ MORE MSN)	100	15.99	15.74	15.49	14.99	13.99
	Liver Health	30	9.99	9.74	9.49	8.99	7.99
	ProBalance ProBiotic	30	12.79	12.54	12.29	11.79	9.99
	Something for Men	60	12.99	12.74	12.49	11.99	10.99
	Something for Women	60	12.99	12.74	12.49	11.99	10.99
	Something Smells Fishy	90	10.99	10.74	10.49	9.99	8.99
	Stress Free Energy	60	13.69	13.44	13.19	12.69	11.69
	Super Flaxseed + Greens	60	13.99	13.74	13.49	12.99	11.99
	Vision Guard	60	15.99	15.74	15.49	14.99	13.99
	Wormwood	120	10.29	10.04	9.79	9.29	8.49

## PC Nutrition Premium Formulas

		qty	1	2-3	4-6	7+	VIP
	ALA/ALC	60	16.29	16.04	15.79	№15.29	14.39
	Blood Sugar Matrix	60	14.99	14.74	14.49	₽13.99	12.99
	Cardio One	90	23.99	23.74	23.49	22.99	21.99
	Choless Support	60	14.99	14.74	14.49	13.99	12.99
	CoConut Oil 🙂	100	15.99	15.74	15.49	14.99	13.99
	Collagen 750	120	14.99	14.74	14.49	13.99	12.99
	DHEA©	50	10.99	10.74	10.49	9.99	8.99
	Digest Ultra Pro	60	18.99	18.74	18.49	17.99	16.99
	Ginkgo Biloba	60	8.99	8.74	8.49	7.99	6.99
	MegaBalance PROBIOTIC	⊕ 30	28.99	28.74	28.49	27.99	26.99
	Mind Focus	30	18.99	18.74	18.49	17.99	16.99
Nev □	<sup>™</sup> Para Crush <sup>©</sup>	60	14.99	14.74	14.49	13.99	12.99
	Power C-1000	50	14.69	14.44	14.19	13.69	12.69

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Brabec	Basics	"It's Fun	damen	tal"
		qty	1-4	VIP

		907		7 11	
Nev	B12 (Chewable Cherry)	100	5.29	4.59	
Nev	<sup>w</sup> □ Basic Multiple (LiquiCaps)	60	16.99	14.99	
Nev	v □ CoEnzyme Q10(30 mg/softgo	el) 60	7.99	6.99	
	☐ Glucosamine 500 ⓒ	120	5.79	5.29	
	☐ Green Tea (98% Polyphenols)	60	4.99	4.49	
	☐ Retinol-A Cream	2 oz.	5.99	4.99	
Nev	□ Turmuric 750 + Bioperine	<u>•</u> 60	17.99	15.99	
	☐ Vitamin D3 (Mint chewable)	120	6.49	5.89	

1	□ VItaliiii D3 (Mint chewab	120	0.49	3.09
	Kosher Certified Pur	re <sub>qty</sub>	1-4	VIP
ı	☐ Allergy Formula	100	9.67	8.76
ı	☐ Apple Fiber-Chewable Tabs	s100	8.15	7.89
ı	☐ CAL/MAG Chewable	100	7.53	6.74
ı	☐ Chlorophyll	100	7.53	6.74
ı	☐ Cro-Man-Zin	100	8.23	7.49
W	□ Folic Acid 400 mcg	100	5.46	4.67
ı	☐ Fruit C 500 Chewable	100	11.42	10.36
ı	☐ Kala-Acidophilus	100	6.90	6.21
ı	☐ Kids Multi Vitalets (Orange)	100	9.05	8.69
ı	☐ Kids Multi Vitalets (Raspberry)	100	9.05	8.69
ı	☐ Super Quints (B-Complex)	100	11.66	10.16
ı	☐ Zinc Lozenges (Orange)	25	4.38	3.97

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(Digest Ultra Pro & ProBalance Probiotics)  Immuno Power:	16.99
(Advanced Anti-Oxidant & ProBalance Probiotics)	

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Women's Basic:	28.99
(Daily Multiple Ultimate, Something for Women	& Vitamin D)
Candida Protocol	22.99

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Original Para Kit 26.77 (18 Day Original Protocol + 1 week maintenance) Complete Post Cleanse Kit 31.37

(Colon Clear, ProBalance Probiotics, & Liver Health) Original Para Kit Plus Complete Cleanse 55.77 (18 Day Original Protocol kit + 1 week maintenance)

(Colon Clear, ProBalance Probiotics, & Liver Health) 12 Week Maintenance Kit 49.77 (12 weeks- Dr Clark's Protocol)

15 Week Maintenance Kit 54.77 (15 weeks- Dr Clark's Protocol) 19.99

Para Crush Kit: (Para Crush & ProBalance Probiotics) 38.99 Travel Pack:

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**\$3 OFF** Joint Flex **July Preview** (limit 1)







